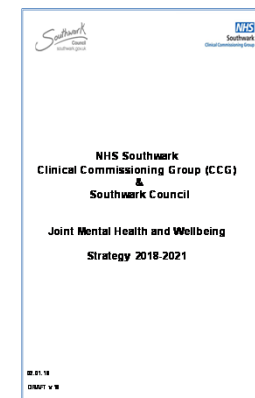


Background

- Agreed in 2018 by the Council and the CCG

The philosophy of the strategy is to shift towards prevention, early intervention, self-care and recovery with high quality, joined-up support closer to home.

- Has 5 strategic priorities
 - *Prevention of mental ill health and promotion of wellbeing*
 - *Increasing community-based care and supporting communities*
 - *Improving clinical and care services*
 - *Supporting recovery*
 - *Improving quality and outcomes*



Background

The vision in the strategy is:

*Our vision is to **improve the mental health and wellbeing outcomes of our residents in Southwark. We will improve the physical health of people living with serious mental illness and increase life expectancy for this population group.***

*We will **focus on prevention and early intervention**, whilst delivering a sustainable mental health system in Southwark. This will require **simplified and strengthened leadership and accountability across the whole system.***

*It is fundamental that we unlock the potential of Southwark communities to **enable active, resilient citizens and self-reliant communities** in these times of quick-paced regeneration in the borough. By **engaging with providers and working in partnership** with the third and voluntary sector we will transform the mental health and wellbeing of Southwark residents.*

Delivery

The development of the Strategy was with the oversight of the Serious Mental Illness Commissioning Development Group (SMI CDG) – made up of commissioners and other stakeholders (not providers)

The group overseeing delivery is the Mental Health and Wellbeing Programme Board which includes the former members of the SMI CDG and providers.

The Programme Board has 9 work streams:

1. Wellbeing, Information, Advice and Community Support
2. Primary Care and Improving Access to Psychological Therapies (IAPT)
3. Averting Crisis and Reducing Suicide
4. Children and Young People's Services
5. Older People and Dementia
6. Housing and Move-on
7. Recovery, Volunteering and Employment
8. Engagement and co-design
9. Public Mental Health and Prevention

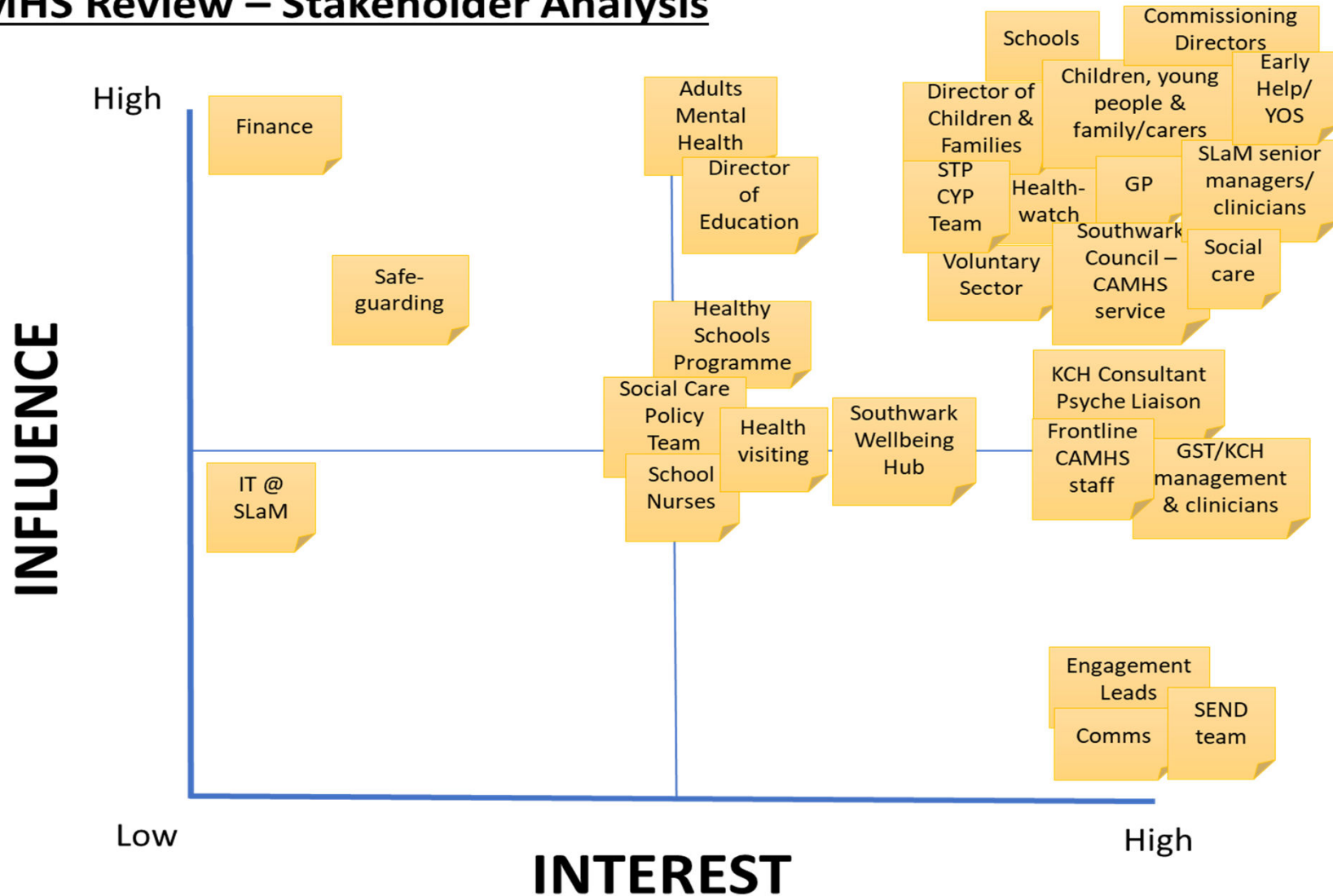
[Update about delivery of the strategy given at June 2019 Health and Wellbeing Board](#)

Update about CYP work stream

The strategy required a joint review and the recommendations were:

- **CYP's emotional wellbeing and resilience should be supported in a wider range of settings** than at present
- **Universal access by CYP and their families** to information, advice and support
- **Access to immediate professional advice** for children and young people, families and referrers; and support is available **whilst awaiting specialist assessment and / or treatment and after discharge from specialist services**
- There is a need to **adopt a "No Wrong Door" policy** with all referrals including self-referral being considered and directed to appropriately
- **Transition to adults' services is flexible** in terms of age and is sensitively managed by both children's and adults' services
- Pathways, access points and services within the system need to be joined up
- Current spend needs to be maintained to cope with rising demand; **future funding, unless ring-fenced for a specific purpose, should be targeted at prevention and early intervention**, not specialist services
- **Ensure that all stakeholders are involved** in system transformation and service redesign

CAMHS Review – Stakeholder Analysis



Engagement in developing the strategy

A focus group with SLaM service users.

A meeting with young people who are using CAMHS services.

A focus group with a number of young carers in Southwark

A meeting with parents of SEND children (facilitated by Contact, a Registered Charity).

Attendance at the SEND Parents and Children and Young People's Consortium.

A stakeholder event attended by 72 people

Email correspondence from adoptive and foster-carers

An audit of referrals to specialist CAMHS, with outcomes of referral

An electronic survey of professionals

3 clinical group meetings

Meetings with local authority children's services

A meeting with community paediatricians (Guys and St Thomas's NHS FT).

A focus group with headteachers / safeguarding leads from primary and secondary schools

Attendance at two locality GP meetings (two localities on two occasions).

, GPs and paediatric and CAMHS professionals.

A meeting with local authority Principal Educational Psychologists.

Discussions with neighbouring boroughs including Lambeth, Lewisham and Croydon.

Information obtained through Healthy London Partnership leadership events.