

## Health and Wellbeing Board

MINUTES of the OPEN section of the Health and Wellbeing Board held on Wednesday 21 November 2018 at 6.00 pm at Ground Floor Meeting Room G01C - 160 Tooley Street, London SE1 2QH

---

**PRESENT:** Councillor Peter John OBE (Chair)  
Councillor Jasmine Ali  
Dr Jonty Heaversedge  
Councillor David Noakes  
Dr Yvonneke Roe  
Kevin Fenton  
Gordon McCullough  
David Quirke-Thornton  
Catherine Negus  
Cassie Buchanan  
Dr Matthew Patrick  
Ian Smith

**ALSO PRESENT:** Peter Herring, King's College NHS Trust Foundation  
Roger Paffard, Chair of SLAM NHS Trust Foundation Board

**OFFICER  
SUPPORT:** Everton Roberts, Principal Constitutional Officer

### 1. APOLOGIES

Apologies for absence were received from Councillor Evelyn Akoto, Andrew Bland, Sally Causer and Eleanor Kelly.

### 2. CONFIRMATION OF VOTING MEMBERS

Those members listed as present were confirmed as the voting members for the meeting.

### **3. NOTIFICATION OF ANY ITEMS OF BUSINESS WHICH THE CHAIR DEEMS URGENT**

The following late items were considered at the meeting.

Item 09 – Key Developments, Southwark CCG

Item 10 – Better Care Fund, Updated 2018/19

### **4. DISCLOSURE OF INTERESTS AND DISPENSATIONS**

There were no disclosures of interests or dispensations.

### **5. MINUTES**

#### **RESOLVED:**

That the minutes of the meeting held on 30 July 2018 be approved as a correct record and signed by the Chair.

#### **Public Question**

The following question was asked by a member of the public, Ms Elizabeth Rylance-Watson.

#### CAMHS Review

“Where the review recommends any new investment should be targeted to early intervention or prevention, unless where stipulated for more acute CAMHS, could this stipulation included increased funding necessary to expand specialist CAMHS due to increased need; funding for support for transition at 18, and investment in a Neurodevelopmental service for complex needs in the community?”

The chair advised that the question would be answered through the discussion at the meeting.

### **6. THEME - BEST START: YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING**

The theme for the meeting was Best Start: Young People's Mental Health and Wellbeing.

The board heard from invited speakers, Chris Burns, local foster carer and Emily Barlow, Head Therapist at Octavia House School who shared their experience of the impact of Adverse Childhood Experiences (ACES) on the children in their care.

The board also heard from Anna a young person who had experience of CAMHS.

The board also heard from Stephen Douglass, Director of Communities and two Southwark Young Advisors, Paige and Annae on the impact knife crime has on the mental health and wellbeing of young people.

## **7. MENTAL WELLBEING OF YOUNG PEOPLE IN SOUTHWARK - SOUTHWARK'S JOINT STRATEGIC NEEDS ASSESSMENT (JSNA)**

The board received a presentation from Kirsten Watters, Consultant in Public Health on the Joint Strategic Needs Assessment for mental wellbeing of young people in Southwark.

## **8. JOINT REVIEW OF EMOTIONAL WELLBEING AND CAMHS SERVICES**

Genette Laws, Director of Commissioning and Caroline Gilmartin, Director of Integrated Commissioning introduced the report.

Following an in depth discussion amongst the board members and those in attendance the board partners set themselves a shared ambition to ensure that 100% of children and young people get access to emotional wellbeing or mental health services so that the need for specialist services is reduced and to ensure that those (and their families who must wait for specialist services are well supported) and that this ambition would be achieved by 2020. In doing so the board members acknowledged that this could not be achieved just by focusing on targets for access but would also have to think holistically, not just about access to services but also how they could ensure that young people who are experiencing mental health problems, could have a much better experience of the system and how they could ensure that young people move on to become healthy adults and fulfil their life aspirations.

Issues that were mentioned/raised during the discussions were:

- Opportunities for prevention
- Look at how we screen and identify people more effectively earlier
- Creating more opportunities outside of the specialised services that can support people much earlier to become healthier.
- Need for the 100% ambition to be embedded in a comprehensive plan encompassing wellbeing, resilience building from primary schools, pre-pregnancy teaching and education for young parents.
- Proper collaborative working through pool of stakeholders – must include public health and schools where there is universal access.
- Some access targets should be delivered through practitioners working in the community, such as HIVE, good shop fronts in community settings designed by young people, responsive to their needs with a multiplicity of services within them, e.g. sexual health, substance misuse, mental health, occupational advice
- Consultation with young people about what the barriers to access are
- Children being taught emotional intelligence from an early age
- 'Ruler'(funded by CCG) - Teachers being trained on attachment theory and being able to really understand and recognise adverse childhood experiences, which enables schools to support children who are looked after who often come with complex behaviours. Issue of expanding this to more schools.
- Concern over levels of desperation that young people are feeling, having to wait to access CAMHS and the potential connection to self harm.
- Need to think about older people in the community also experiencing mental health issues as part of the approach.
- Need to look at poverty and wider socio and economic determinates and how the system can help support families to end the multi generational cycle of poverty and

multi generational cycles and transmission of ill health.

- Need to encompass 'place' in the discussions as the built environment is critically important with work children and young people.
- Policy around childhood obesity and nutrition and physical health – boundary between the psychological and the physical in children and young people is closely linked.
- Contribution of the voluntary sector is key (example given of PACT in Camberwell).

**RESOLVED:**

1. That the final version of the Southwark Joint Review of Emotional Wellbeing and CAMHS Services (Appendix 1 of the report) be noted.
2. That the development of an implementation plan to take forward the actions identified in the Review and subsequent reporting to the Board about progress be supported.
3. That the engagement of key stakeholders in the conduct of the review including children, young people, parents and carers and the steps being taken to establish an Emotional Wellbeing and CAMHS reference group to ensure the ongoing voice of stakeholders in the implementation of the Review be noted.
4. That the shared ambition to ensure 100% of Southwark children and young people get access to emotional wellbeing or mental health services so that the need (and waiting times) for specialist services is reduced and to ensure that children and young people (and their families) who must wait for specialist services are well supported be endorsed. The Board's ambition is to achieve this by 2020.

**9. KEY DEVELOPMENTS - SOUTHWARK CLINICAL COMMISSIONING GROUP (CCG) AND OUR HEALTHIER SOUTH EAST LONDON**

Ross Graves, Managing Director, NHS Southwark CCG introduced the report.

**RESOLVED:**

That the progress being made by the CCG and partners on the following key programmes and priorities be noted:

- Taking forward system-wide transformation in Southwark
- System Resilience
- Primary Care
- Mental Health
- Appointment of Chief Financial Officer for South East London CCGs
- Our Healthier South East London (OHSEL) stakeholder update

## **10. BETTER CARE FUND - UPDATE ON 2018/19 DELIVERY AND 2019/20 PLANNING**

Caroline Gilmartin, Director of Integrated Commissioning and Genette Laws, Director of Commissioning introduced the report.

### **RESOLVED:**

That the report be noted, including:

- a. The progress made on delivering the Integration and Better Care Fund Plan agreed by the Health and Wellbeing Board on 11 Sept 2017 (paragraph 3-10 of the report).
- b. The letter from NHSE on 19 July 2018 introducing revised targets for delayed transfers of care from September 2018 (paragraph 13 of the report).
- c. An assessment of the risk of reductions in BCF funding as a result of the revised delayed transfers target not being met (as requested by the Council cabinet on 18<sup>th</sup> September 2018) (paragraph 14 -16 of the report).
- d. An update on planning arrangements for 2019/20 when the current BCF framework is due to come to an end (see paragraph 24).

## **11. BUILDING HEALTHY COMMUNITIES (A) - STRATEGIC ESTATES PLANNING**

Ross Graves, Managing Director, NHS Southwark CCG introduced the report.

### **RESOLVED:**

1. That the draft NHS Southwark CCG estates strategy, including the development of community health hubs and support hubs be noted.
2. That the joint work between the CCG and the council on further developing the health hubs to address the wider wellbeing and social regeneration agenda be noted.
3. That progress to date and decisions on specific sites: Elephant and Castle, Canada Water, Aylesbury and Old Kent Road be noted.
4. That a further meeting be arranged to discuss in more detail the content and shared implications to implement this strategy.

## **12. BUILDING HEALTHY COMMUNITIES (B) - DEVELOPING SUPERZONES AROUND SCHOOLS**

Jin Lim, Consultant in Public Health introduced the report.

### **RESOLVED:**

1. That the pilot to develop superzones around Southwark schools be noted and it also be noted that this will inform the development of a potential model for London.

2. That it be noted that a further report will be brought back to the health and wellbeing board setting out the proposed model for London with implications for implementation in Southwark.

### **13. PHARMACEUTICAL NEEDS ASSESSMENT (PNA) SUPPLEMENTARY STATEMENT**

Professor Kevin Fenton, Strategic Director of Place and Wellbeing introduced the report.

#### **RESOLVED:**

1. That the first Pharmaceutical Needs Assessment (PNA) Supplementary statement based on market entry information and/or changes happening in the first six months after the PNA publication (31/03/2018) be noted.
2. That the way forward for the Board when considering any future PNA supplementary statements on a six monthly basis during the life course of this PNA (1/04/2018 – 31/03/2021) be agreed as follows:
  - a) If public health is notified of any significant changes to our local network of pharmacies (number, location, service provision, opening/closing hours) a supplementary statement has to be presented and approved by the HWB.
  - b) If there are no significant changes to our local network of pharmacies (categories mentioned above) the PNA supplementary statement is to be approved by the Chair and the health and wellbeing board kept informed.

### **14. HEALTH AND WELLBEING BOARD WORK PLAN 2018-20**

Professor Kevin Fenton, Strategic Director of Place and Wellbeing introduced the report.

#### **RESOLVED:**

That the work plan for 2018-2020, Appendix 1 of the report be noted.

The meeting ended at 8.10pm

**CHAIR:**

**DATED:**